

HOW PORN PROMOTES SEXUAL VIOLENCE

A GLOBAL MOVEMENT OF FIGHTERS
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Researchers who have analyzed the content of videos on popular porn sites have found that **35% to 88%** of porn videos depict sexual violence or aggression.

That means that even by the lowest estimates, more than **1 in 3** porn videos shows sexual violence or aggression.

Fritz, Malic, Paul, & Zhou, 2020

Bridges, Wosnitzer, Scharrer, Sun, & Liberman, 2010

Another study analyzing porn titles found that **1 in 8** titles suggested to first-time users on porn sites described acts of sexual violence.

Studies also found that women were almost always the targets of sexual violence or aggression — about **97%** of the time.

Vera-Gray, McGlynn, Kureshi, & Butterby, 2021

Fritz, Malic, Paul, & Zhou, 2020

ANOTHER STUDY FOUND THAT 95% OF THE TARGETS OF VIOLENCE OR AGGRESSION IN PORN APPEARED EITHER NEUTRAL OR APPEARED TO RESPOND WITH PLEASURE.

In other words, porn sends the message that sexual violence is a normal part of sexual pleasure.

RESEARCH ALSO INDICATES THAT TEENS OFTEN REPORT TRYING TO COPY PORN IN THEIR OWN SEXUAL ENCOUNTERS AND THAT THE PRESSURE TO IMITATE PORN WAS OFTEN AN ASPECT OF UNHEALTHY RELATIONSHIPS.

ACCORDING TO A UK SURVEY OF OVER 22,000 ADULT WOMEN, 16% REPORTED HAVING BEEN FORCED OR COERCED TO PERFORM SEX ACTS THE OTHER PERSON HAD SEEN IN PORN.

RESEARCH INDICATES THAT PORN CONSUMERS ARE

- a **more likely to sexually objectify and dehumanize others**
- b **more likely to express an intent to rape**
- c **less likely to intervene during a sexual assault**
- d **more likely to victim blame survivors of sexual assault**
- e **more likely to support violence against women**

Skorska, Hodson, & Hoffarth, 2018

Foubert, Brosi, & Bannon, 2011

Foubert & Bridges, 2017

Wright & Tokunaga, 2016

After analyzing existing studies on the topic, a team of leading researchers concluded that the research left “little doubt that, on the average, individuals who consume pornography more frequently are more likely to hold attitudes conducive to sexual aggression and engage in actual acts of sexual aggression.”

**WE ARE NOT SAYING
THAT PORN
AUTOMATICALLY
MAKES PEOPLE
SEXUALLY VIOLENT.**

What we are saying is that porn reinforces the message that sexual violence is simply part of sex.

As our society continues to reckon with sexual violence, it's important that we start to recognize porn's role in normalizing it.

**Saying no to porn and its
problematic narratives helps to
build a healthier world.**

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NOTIFICATIONS



**THANKS FOR READING
ALL THE WAY THROUGH!**

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about the negative impacts of
porn by supporting our
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