



Truth About Porn™

# THE UNTOLD STORY OF SEXUAL ASSAULT IN THE AGE OF PORN

[FTND.ORG/TAP](https://ftnd.org/tap)



**Heidi Olson**

SEXUAL ASSAULT NURSE EXAMINER (SANE)

**AS A SEXUAL ASSAULT  
NURSE EXAMINER, I'VE  
WITNESSED A GROWING  
AND ALARMING  
PHENOMENON THAT  
SOCIETY ISN'T  
ADDRESSING ENOUGH.**

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**OUR LARGEST  
AGE GROUP OF  
PERPETRATORS IS  
AGES 11 TO 15.**

**IT'S NOT JUST THE  
VICTIMS WHO ARE  
GETTING YOUNGER, BUT  
THE PERPETRATORS, TOO.**

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**OUR CLINIC SEES ONE OF  
THE HIGHEST VOLUMES  
OF SEXUAL ASSAULT  
PATIENTS IN THE NATION.  
ALARMINGLY, THE  
PRIMARY RISK FACTOR  
FOR MANY  
PERPETRATORS IS  
EXPOSURE TO PORN.**

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**PORNOGRAPHY IS  
INFLUENCING BEHAVIORS IN  
DEVASTATING WAYS.**

**FROM INCEST FANTASIES TO  
MULTIPLE PERPETRATORS,  
AMATEUR PORN CREATION,  
AND EXPLOITATION—IT'S  
BECOME NORMALIZED  
TO WATCH AND  
DEGRADE OTHERS.**

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**AND WHILE THE  
STEREOTYPE PAINTS THE  
PICTURE OF MALE  
PERPETRATORS AND  
FEMALE VICTIMS, MANY  
YOUNGER MALES ARE  
ALSO VICTIMS. THE  
TRAUMA IS UNIVERSAL  
AND DEEPLY PAINFUL.**

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**VICTIMS OFTEN INTERNALIZE  
THE ASSAULT, BELIEVING IT  
WAS THEIR FAULT.**

**MY ROLE IS TO CONTINUOUSLY  
REMIND THEM...**

**"THIS IS NOT YOUR FAULT.  
I'M SO SORRY."**

**VALIDATION AND  
EMPOWERMENT ARE CRUCIAL  
IN THEIR HEALING JOURNEY.**

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**WE MUST RECOGNIZE  
AND ADDRESS THE  
DANGEROUS INFLUENCE  
OF PORNOGRAPHY AND  
SUPPORT VICTIMS IN  
THEIR HEALING. ONLY  
THEN CAN WE MAKE A  
DIFFERENCE TOGETHER.**

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**TO ALL SURVIVORS...**  
**YOUR PAIN IS REAL.**  
**YOUR VOICE MATTERS.**  
**AND YOUR HEALING IS**  
**POSSIBLE.**

**WE STAND WITH YOU.**

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