## Hey. I'm struggling with porn.

## Can we talk?

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This is difficult for me to open up about, so I would really appreciate your love and support as I speak with you about this. When we talk, it would really help me if you

I understand that you may have some feelings about this, but I hope you know how awesome it is that you're willing to talk about this with me. I'm trying hard to kick this so I hope you can be patient with me and support me as I keep fighting.

Can we talk more?

## Hey. Can we talk about porn?

This can be a really difficult issue to talk about, and I imagine that it might be uncomfortable for you to open up about. Please know that I am here to listen to you and to love and support you. I would also really appreciate your love and support as we discuss this.

When can we talk more?